

MITCHELLS ISLAND PUBLIC SCHOOL



Newsletter - Tuesday 24th September

Message from Mrs Wilson

This weeks Newsletter is short as we have been busy preparing for our Creative Arts Performance of The Lion King.

I want to take this opportunity to thank all of the students and staff for their dedication to preparing for the performance.

A huge thank you to those that volunteered at the Bunnings P & C Fundraiser BBQ on Sunday 16th September. Who would have thought that we would have cooked so many sausages in one day! The P & C raised \$970-.

There is **NO** Pupil Free day at the beginning of Term 4.

All teachers and students return for Term 4 on Monday 14th October.

As we have seen over the past few weeks the weather has at times been cold and warms up throughout the day, so please ensure that you pack a jumper in your child's bag along with a hat every day for outside play.

We hope you all have an enjoyable break with your family and look forward to welcoming students back for Term 4 with many activities already set including intensive swimming and the Year 3-6 Camp.

Michelle Wilson — Principal

Lion King Performance

We look forward to sharing the talent of the students from MIPS on **Thursday 26th September 2024 at 11am and 6pm.**

Students are to attend school as usual on Thursday 26th September and will be transported to the hall for the Matinee performance.

Parents are asked to dropped the students back to Mitchells Island Community Hall **between 5:00pm and 5:15pm** for the evening performance.

Healthy Lunchbox

Do you need some help with suggestions for a fussy eater when packing a school lunch?



Stress-free fussy eating ideas

Fussy eating is common, but that still doesn't make it easy.

Does your child dislike foods because of their colour, texture or the way they are prepared?

Don't despair, SWAP IT will help with ideas on how to pack an everyday lunchbox for your fussy eater.

Try the **3:1 lunchbox rule** everyday:

- **Three** items your child likes
- **One** new everyday item



For more ideas on fussy eating visit: www.swapit.net.au/fussyeating

Year 3-6 Camp:

Early next term all parents of students in Years 3-6 attending the school camp from Tuesday 3rd December until Friday 6th December will be sent information via email to allow for completion in relation to the activities and accommodation at Coffs Coast Adventure Centre via an online portal. This will include a guest pack so you know what to pack as well as the completion of an Assumption of Risk Agreement and a Dietary and Medical Information for their child/ren.

P & C News

Canteen will return for students on **Monday 21st October**. There is **NO canteen** on the first day of term.

Canteen & Uniform Online Payments:

The P & C are now accepting payments online for both Canteen and Uniform purchases.

Please ensure to note your payment reference with your child's surname for what the payment relates to as noted below.

Account Name: Mitchells Island P & C Association
BSB: 932 000
Account: 500189483

Little Athletics—2024/25 Season:

Local Little Athletics sessions are beginning in our area. Scan the QR Code below to find your closest club.

DISCOVER THE FUN OF ATHLETICS!

SEASON 2024-25

Love to run, jump, throw, roll?
Enjoy having fun, spending time with friends and achieving your personal best?
Why not give Little A's a try?
Contact your local club to redeem your 2 week FREE trial today.
Ages from 3 to Adults

SCAN HERE TO FIND YOUR LOCAL CLUB TODAY

More info on your local club can be found on their Facebook page

Little Athletics NSW

Dates to Remember:

Term 3

Week 10	Thursday, 26th September	Lion King Performance 11am: Matinee Performance 6pm: Evening Performance
	Friday, 27th September	LAST DAY OF Term 3

Term 4

Week 1	Monday, 14th October	All STAFF & STUDENTS return for Term 4
Week 2	Wednesday, 23rd October	- Clean up Waterways session with Students in 4-6?? - K-2 Excursion to Sea Acres Rain Forest
	Friday, 25th October	World Teachers Day
Week 3	Tuesday, 29th October	K-2 Excursion to "The Gruffalo" at Port Macquarie
	Wednesday, 30th October	Mr Whizzy "The Waterdrop" visits