

# MITCHELLS ISLAND PUBLIC SCHOOL



Education

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Principal: Michelle Wilson



## Newsletter—Term 3, Week 4 2019

### Canteen:

There will be no canteen this week due to our special lunch on Monday. Thank you to Milo & Robert for cooking the burgers, they were delicious.

### Children's University:

If you have not returned your Children's University note yet, could you please do so as soon as possible.

Thank you to Rosie Croker for presenting a talk to the students about their business, Croker Oars. These parent talks add hours to the Children's University passport and give the students insights into different career options for the future. We are still asking for more parents/carers to become involved with these talks. They can be on any career or hobby you may have. Please see Mrs Wilson for more information.

### Book Week:

Thank you to everyone for a wonderful Book Week Celebration Day on Monday. The students all looked great in their costumes and enjoyed showing their families around the school.



Thank you to Danielle from Danielle's Jumping Castle. I'm sure the children all slept well on Monday night.

### Father's Day Breakfast:



On Wednesday, 28th August, we will be having a Father's Day Breakfast and a game, with parents playing against students. The Breakfast will start at 8:30am and Dads/ Significant Adults can either leave after breakfast or stay for our game.

We will hold our Father's Day Stall on Thursday, 29th August. Presents will range in price from \$2 to \$6.

### Reminders:

**Don't Forget!**

22/8/19	NO CANTEEN
28/8/19	Father's Day Breakfast
29/8/19	Father's Day Stall Canteen
30/8/19	Hunter Regional Athletics Assembly 2:30pm
3/9/19	Regional Spelling Bee



# Book Week



# This week in 3-6



Over the last two weeks, the 3-6 class have been learning about coordinates and Australian Landmarks. We first had to design a town and then add some landmarks. Some people chose to build American landmarks. Once we built our landmarks, we then had to program the sphero to travel through our town and stop at each landmark and make a sound or talk about a fact relevant to the landmark. We are getting better at following directions to complete a task.

By 3-6 class

# DANIELLE'S JUMPING CASTLES

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## Good for Kids good for life

### FUNDAMENTAL MOVEMENT SKILLS MASTERING THE KICK



The kick is a manipulative striking skill characterised by producing force from the foot to an object. The stationary place kick involves kicking an object which is still. It is basic to kicks used in all football codes. It is also important for foot-eye coordination.

#### Steps to practice at home:

- Stabilise and raise the ball off the ground by placing it on a bean bag or a roll of masking tape.
- Place a mark on the ball and ask the child to focus on that as they approach the ball to kick.
- Focus on kicking the ball for distance rather than accuracy.
- Place chalk on the child's shoelaces so that a mark is left on the ball after it has been kicked.
- Use a beach ball, balloon, or a ball that is soft, flat or partially deflated.
- Practice kicking the ball against a wall.
- Demonstrate, running up to kick the ball.
- Introduce accuracy by kicking to a partner or target, or into a goal.
- Practise kicking with either foot.

Source: Get Skilled, Get Active and Live Life Well @ School © State of NSW, Department of Education and Communities, 2012



Health  
Hunter New England  
Local Health District

[HNELHD-GoodForKids@health.nsw.gov.au](mailto:HNELHD-GoodForKids@health.nsw.gov.au)  
<http://www.goodforkids.nsw.gov.au/>

*Celebrating*

**15**



*years*

26th October 2019

Mitchells Island Public  
School

*Open Day—10am-3pm*

**Community  
OPEN HOUSE**

GLASSHOUSE PORT MACQUARIE

**SATURDAY 24 AUGUST**  
10am - 3pm

**FREE FUN  
FOR ALL AGES**

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