

MITCHELLS ISLAND PUBLIC SCHOOL



Education

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Principal: Michelle Wilson



Newsletter—Term 2, Week 6 2019

Canteen: Canteen is open tomorrow. Thank you to Jess for running canteen this week.

Bunnings BBQ:

The P&C are running the Bunnings BBQ this Saturday, 8th June. We desperately need more helpers from 10am-4pm. We understand people have commitments however even half an hour of time would help give others a break.

Please see Mrs Wilson or Jess Booth to put your name down on the roster. Remember to wear closed in shoes and shirts with sleeves (no singlet tops).

We will be cutting onions and preparing for the BBQ on Thursday morning if anyone can spare some time to stay at school and help.

Eisteddfod:

Congratulations to Kady, Gracie, Darcy, Saxon and Nicola for their great results at the Taree & District Eisteddfod.

Darcy has been chosen to perform in the Grand Concert and was awarded the Most Promising Performer and overall 2019 Point Score.



Soccer Gala Day:

At this stage, the Soccer Gala Day is still being held on Friday in Wingham. If it is cancelled, Mrs Wilson will text all families on Friday morning.

MIPS Public Speaking:

We have had two Stage 3 students tie for a place in their public speaking. Therefore, 3 students will represent our school in the finals. Congratulations to Darcy, Hamish & Dinal. Our Stage 2 representatives will be Denver and Toby. Well done boys.

Assembly:

There will be no assembly this week due to the Soccer Gala Day. We will hold our next assembly in Week 8.

Hockey:

We have been able to secure funding through the Sporting Schools Program to run our hockey training this term. As part of this, we will be taking the whole school to the Taree Hockey Fields on the 14th June to further develop their skills. All students will be transported by bus to the fields where our coach, Roslyn Drury, will work with them. Students will need to bring their recess and lunch. We will leave school at 9:30am and return by 2:45pm. There is no cost to students for this excursion. A permission note will come home with this newsletter.

Athletics Carnival:

Our Lower Manning PSSA Athletics Carnival will be held on the 27th June at the Taree Recreation Grounds. This is a whole school event and is usually a fun day. Parents are welcome to attend and private transport will be required. A permission note will come home today.

Sesqui-Centenary:

Our preparations for the Sesqui-Centenary are taking shape. Please keep the date, 26th October, free as we will be asking for volunteers to run the stalls and help on the day. Students will be performing some songs and a dance for our visitors. Please start hunting around the Op Shops for their period costumes. The committee are working hard to make this a wonderful celebration of our school however we will need your assistance.



At the Grip Leadership Conference, I liked that at break times people were all gathered up in a big group dancing to the music they put on. We also learned that GRIP stands for Generosity, Responsibility, Integrity, People.

Nicola

My favourite parts were learning about making loud noises and dancing to the music during breaks. We got a booklet to fill in and were able to ask the crew questions. We learned how to be awesome leaders.

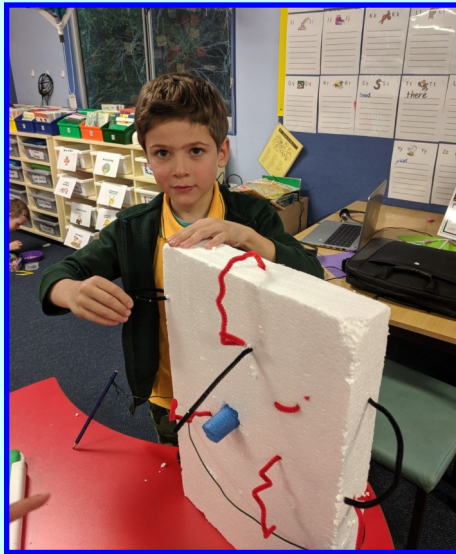
Hannah



Great Effort Darcy!



This week in K-2



The children in K/1/2 have been studying the artist Alexander Calder.

He is best known for his invention of the mobile and his wire sculptures.

The children used a variety of mediums and their creativity to create their own mobiles, which are proudly displayed in our classroom.



**LEARNING
IS
FUN**

| Reminders: | Don't Forget! |
|------------|-----------------------------|
| 6/6/19 | Canteen |
| 7/6/19 | Soccer Gala Day |
| 10/6/19 | Public Holiday |
| 14/6/19 | Hockey Day |
| 21/6/19 | Assembly |
| 25/6/19 | Children's University Visit |
| 27/6/19 | Athletics Carnival |
| 5/7/19 | Last day of Term 2 |

P&C News

Kayleen Seach has taken on the role of P&C Treasurer.

Please support our Bunnings BBQ. It is events like these that raise funds to subsidise school excursions and buy equipment to benefit all students.

Celebrating
150 years

MITCHELL'S ISLAND PUBLIC SCHOOL 1869 — CENTENARY — 1969



PRINCIPAL Mr. W. R. SMITH

ASSISTANT . . . Mrs. M. F. DAWSON

ENROLMENT

VICKY CAUSE (Captain)
JOY HOLDEN
IRENE ATKINS
LINDA BULLEY
BEVERLEY CURRIE
LEANNE MOY
RUTH WAITE
UNA WELLARD
BRONWYN ATKINS
MAREE BLOOMFIELD
KAREN COWAN
JANELLE GREGORY
SANDRA McCAFFREY
GLENDA WEILEY
ALISON ATKINS
PAMELA CURRIE
BEVERLEY HOLDEN
CAROLYN GRAY
DELMA McCAFFREY
CHRISTINE COWAN
MICHELLE COWAN
CHRISTINE HOLDEN
DEBRA MUDFORD
ROSALYN RICHARDS
LEE-ANN RUPRECHT
ROWENA SHOESMITH

PETER MUDFORD (Captain)
ROBERT MOY
MICHAEL ATKINS
DENNIS BLOOMFIELD
NEIL CURRIE
KEITH CURRIE
BRUCE McCAFFREY
ALAN MUDFORD
ROBERT PIPER
MICHAEL RUPRECHT
MARK BULLEY
TERRY CURRIE
MARK GREGORY
COLIN HOLDEN
WAYNE JOBSON
WAYNE PIPER
WAYNE SMITH
KERRY BOWD
STEPHEN CAUSE
PHILLIP GREGORY
THOMAS JOBSON

PARENTS AND CITIZENS' ASSOCIATION

President Mr. J. McCAFFREY
Vice-Presidents Mr. J. McDONALD, Mr. C. SMITH
Honorary Secretary Mrs. J. COWAN
Treasurer Mrs. W. WEILEY

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Mr. A. McCAFFREY (President), Mrs. J. COWAN (Hon. Secretary), Mesdames T. Dawson and J. Gray, Messrs. C. SMITH and W. R. SMITH.

Good for Kids good for life

24HOUR MOVEMENT GUIDELINES

Australian Government
Department of Health

Have you **moved** enough today?

SLEEP
• 5–13 year olds need 9–11 hours per night.
• 14–17 year olds need 8–10 hours per night.

PHYSICAL ACTIVITY
Aim for 60 minutes or more per day – the more you huff & puff the better!

INACTIVITY
Move more & sit less in your spare time.

Find out more at www.health.gov.au

Children and young people (aged 5–17 years) should achieve the recommended balance of high levels of physical activity, low levels of sedentary behaviour, and sufficient sleep each day.

Australian 24-Hour Movement Guidelines for Children and Young People (5 to 17 years): An Integration of Physical Activity, Sedentary Behaviour, and Sleep

Source: Australian 24 hour Movement Guidelines



Health
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Local Health District

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<http://www.goodforkids.nsw.gov.au/>

